

## Multiple Area HS Track Athlete's Perform Well at State

Spring sports season wrapped up this past weekend with school getting out for the summer and state competitions. Many area high school athletes competed in this years Kansas High School Track and Field Championships in Wichita at Cessna Stadium with 75 medalists, nine state titles, 10 silver medals, 10 bronze medals won by Kanzaland area athletes, with 19 multi-medal winners (31 other Delaware Valley, Big Seven or Twin Valley League athletes also won medals, including two state titles, four silver's six bronze's and 7-multi-medallists).

The most dominating performance of the state track meet of the Kanzaland area athletes came at the hands of a junior at Centralia. Lukas Koch, paced his way to three state titles winning gold in the 800-meter (1:59.34), 1600-meter (4:29.29) and 3200-meter runs (9:50.60). He defended his state title in the 1600 and 3200-meter runs, actually best his 1600-meter state time from last year.

While, Koch took home three gold medals he was joined by a few other Twin Valley League track athletes on the winner stand in Class 1A. For Baileyville-B&B it was a sweep of the high jump as Cody Heiman took the boys high jump crown and Haley Strathman won the girls. Heiman won his state title with a leap of 6'06", while Strathman won her's with a leap of 5'04". Both Heiman and Strathman each won other medals on top of their state titles, too. Heiman was part of B&B's boys 4x100-meter relay bronze medal team (44.98); while Strathman earned a pair of sixth place finishes in both the long jump (16'00.75") and the triple jump (35'00").

The other state title won in Class 1A was by Frankfort's, Jacob Broxterman, who won the shot put by a half of an inch with a toss of 48'06.5", he was part Frankfort's Class 1A-DII state championship basketball team.

In Class 2A in the last event of the state track meet it was the Jefferson County North boys 4x400-meter relay team inching out a state title by less than five tenths of a second (3:30.93). Boys relay team also finished third place in the 4x800-meter relay (8:15.45).

The other two Kanzaland area athlete's to capture state titles were in Class 3A and both came in field events as Jacob Lott, Horton and Dylan Piorier, Riverside won state crowns. Lott captured the Class 3A state title in the discus throw with a toss of 164'10", while Piorier vaulted his way to a victory in the pole vault (14'00"). Lott also tallied a silver medal in the shot put (51'06.5"). Piorier walked away with two medals, also earning a fifth place on top of his state title, earning fifth in the 300-meter hurdles (47.98).

The other state titles won by other schools in the area leagues came in Class 1A and 2A. In 1A Hanover's Courtney Jueneman, won the 800-meter run (2:25.96), while in 2A Washington Counties, Jordyn Alexander won the discus throw (127'08").

### **Full list of medalists list below:**

#### **Class 4A:**

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Event</u></b>	<b><u>Place</u></b>	<b><u>Time/Result</u></b>
Cale Heiniger	Hiawatha	3200m run	3rd	9:43.42
Hiawatha Boys Relay	Hiawatha	4x800m relay	7th	8:19.10
Quentin Overdick	Hiawatha	discus	6th	149'05"



Dustin Keen	Holton	shot put	7th	47'06.5"
Connor Strader	Holton	400m dash	6th	59.12
Nick Tuck	Royal Valley	300m hurdles	6th	40.64
		110m hurdles	6th	15.32

### **Class 3A:**

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Event</u></b>	<b><u>Place</u></b>	<b><u>Time/Results</u></b>
Kayla Renyer	Sabetha	discus	2nd	127'09"
Heidi Heiniger	Sabetha	javelin	3rd	124'10"
Ali McNary	Sabetha	high jump	5th	5'02"
Sabetha Boys Relay	Sabetha	4x800m relay	7th	8:33.34
Haley Reiff	ACCHS	discus	7th	113'08"
Trent Joice	ACCHS	javlelin	5th	166'04"
Pleasant Ridge Boys Relay	Pleasant Ridge	4x100m relay	6th	45.49
		4x400m relay	6th	3:31.59
Cody Heim	Pleasant Ridge	high jump	3rd	6'02"
		800m run	6th	2:01.59
Conner Schultz	Riverside	400m dash	3rd	59.97
		long jump	4th	16'11.25"
		triple jump	2nd	36'11.25"
Dylan Piorier	Riverside	pole vault	1st	14'00"
		300m hurdles	5th	47.98
Leah Murata	Horton	1600m run	2nd	5:23.53
		3200m run	5th	12:10.61
Jacob Lott	Horton	shot put	2nd	51'06.5"
		discus	1st	164'10"
Blair Russell	Marysville	400m dash	4th	1:01.17
		200m dash	3rd	26.89
Marysville Girls Relay	Marysville	4x100m relay	3rd	51.26
		4x400m relay	5th	4:17.49
Abi Degenhardt	Marysville	high jump	4th	5'02"
Marysville Boys Relay	Marysville	4x100m relay	7th	45.93
Nemaha Valley Girls Relay	Nemaha Valley	4x100m relay	4th	51.94
		4x800m relay	6th	10:22.14
Holly Kuckelman	Nemaha Valley	300m hurdles	7th	47.98
Ashley Rottinghaus	Nemaha Valley	800m run	4th	2:27.03



Marc Walbridge	McLouth	1600m run	7th	4:42.24
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### **Class 2A:**

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Event</u></b>	<b><u>Place</u></b>	<b><u>Time/Results</u></b>
Caleb Niehues	Jackson Heights	shot put	4th	47'02"
Heather Polson	Jefferson Co. North	high jump	2nd	5'02"
Colby Kramer	Jefferson Co. North	shot put	7th	45'00.25"
Kimberly Cooper	Jefferson Co. North	long jump	4th	16'03.5"
Megan Domann	Jefferson Co. North	triple jump	5th	34'04.25"
Dallas Edwards	Jefferson Co. North	1600m run	7th	4:39.57
		3200m run	7th	10:21.91
Jeff Co. North Girls Relay	Jefferson Co. North	4x100m relay	7th	52.41
		4x800m relay	3rd	10:05.18
Jeff Co. North Boys Relay	Jefferson Co. North	4x400m relay	1st	3:30.93
		4x800m relay	3rd	8:15.45
Jacee Kramer	Jefferson Co. North	javelin	7th	114'02"
Billy Noll	Jefferson Co. North	800m run	7th	2:03.05
Alani Dodd	Washington Co.	100m dash	4th	12.87
		200m dash	5th	27.55
Washington Co. Girls Relay	Washington Co.	4x100m relay	3rd	52.16
Jordyn Alexander	Washington Co.	shot put	2nd	38'05.25"
		discus	1st	127'08"
Cody Allen	Washington Co.	200m dash	3rd	23.72
Korey Welch	Washington Co.	400m dash	7th	52.41
Tyler Kongs	Washington Co.	800m run	3rd	2:03.57
Jordan Miller	Oskaloosa	shot put	3rd	38'04.5"
		discus	4th	124'05"



Nicole Kruse	Oskaloosa	discus	7th	112'05"
Dalton Ricketts	Oskaloosa	100m dash	7th	11.38
		200m dash	6th	23.71

### **Class 1A:**

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Event</u></b>	<b><u>Place</u></b>	<b><u>Time/Results</u></b>
Dana Kramer	Wetmore	110m hurdles	2nd	15.84
Haley Strathman	B&B	high jump	1st	5'04"
		triple jump	6th	35'00"
		long jump	6th	16'00.75"
Laura Sudbeck	B&B	shot put	2nd	40'10"
Caitlin Deters	B&B	javelin	7th	115'01"
Cody Heiman	B&B	high jump	1st	6'06"
Jacob Broxterman	Frankfort	shot put	1st	48'06.5"
Adam Koch	Frankfort	1600m run	7th	4:43.24
		3200m run	7th	10:34.37
Audrey Schmitz	Axtell	1600m run	2nd	5:33.94
		3200m run	4th	12:19.32
Bern Girls Relay	Bern	4x100m relay	7th	53.20
		4x400m relay	4th	4:21.99
Shelby Hundley	Bern	300m hurdles	2nd	47.34
Claire Meyer	Bern	pole vault	T3rd	8'06"
Michael Glatzcak	Centralia	400m dash	6th	52.17
		long jump	6th	20'07"
Kindal Deters	Centralia	pole vault	2nd	9'00"
Amaris Jones	Centralia	3200m run	6th	12:36.35
Cody Heurter	Centralia	pole vault	4th	12'00"
Lukas Koch	Centralia	800m run	1st	1:59.34
		1600m run	1st	4:29.29
		3200m run	1st	9:50.60
Kendra Bargman	Linn	200m dash	6th	27.28
Linn Girls Relay	Linn	4x100m relay	5th	52.45
		4x400m relay	7th	4:22.94
Acacia Thalmann	Linn	high jump	2nd	5'02"
Morgan Feight	Clifton-Clyde	pole vault	7th	8'06"
William Ohlde	Clifton-Clyde	110m hurdles	5th	16.06



		300m hurdles	6th	41.43
Sydney Pralle	Hanover	400m dash	4th	1:01.35
Courtney Jueneman	Hanover	800m run	1st	2:25.96
Claire Bruna	Hanover	800m run	6th	2:31.56
Hanover Girls Relay	Hanover	4x400m relay	3rd	4:19.70
		4x800m relay	2nd	10:13.62
Preston Jueneman	Hanover	800m run	4th	2:03.07
Elijah Smith	Valley Heights	110m hurdles	3rd	15.39
		long jump	4th	20'11.5"
		triple jump	2nd	43'04"
Tommy Tryon	Valley Heights	shot put	4th	47'02.5"