

<http://www.MSCNews.net/news/index.cfm?nk=28076>

Holt County Health Fair Wednesday Night

(KLZA) -- The Holt County Cancer Fund, Inc. will host a Health Fair Wednesday evening in the Community Room in The Klub at Mound City.

The event is free. Booths will open at 6 p-m with speakers scheduled to start at 6:15 p-m. While the emphasis for the Health Fair is cancer, various free health screenings will be available during the event.

Speakers and their topics include Karen Wedlcok at 6:15 p-m on diabetes; Valerie Steensen at 6:45 on the importance of proper nutrition during cancer treatments and energy – nutrition packed foods.

Bonnie Goins from the Heartland Cancer Center will speak at 7:15 p-m on medical advancements in cancer treatment at 7:45 p-m there will be a cancer survivor discussion panel.

Screenings for vision and hearing, blood pressure, oral health, teeth and oral tissue, skin cancer and blood sugar will be available throughout the evening.

Many Signals Communications