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Topeka Murder Suspect, Sentenced In NE, Enters Plea

(KNZA)-- A Kansas man already sentenced to more than 80 years in prison in Nebraska has admitted killing one person and wounding another in Topeka.

Thirty-four-year-old Michael Dean Engstrom and his wife, Jamie Engstrom, were captured in southeast Nebraska in February 2013, one day after the Topeka shootings.

The Topeka Capital-Journal reports Michael Engstrom pleaded guilty Wednesday to felony first-degree murder and attempted second-degree murder. The charges stemmed from the fatal shooting of Ricky Mitchell and the wounding of his fiancée, Bridget Gakle.

Engstrom admitted opening fire while trying to rob the pair of money and methamphetamine.

The Engstroms then drove into Nebraska, where Michael Engstrom robbed a Pawnee City convenience store. He pleaded no contest last year to firing at law enforcement officers during the chase that followed.

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