Obesity Rate Report

OMAHA, Neb. (AP) - A new report says Nebraska had the nation's 23rd highest adult obesity rate in 2013.

The report released Thursday by the Trust for America's Health and Robert Wood Johnson Foundation found that 29.6 percent of adults in Nebraska were obese last year.

Nine of the 10 states with the highest obesity rates are in the South.

Mississippi and West Virginia tied for the top rate, at 35.1 percent. Colorado's 21.3 percent was the nation's lowest.

Nebraska's obesity rate was higher than in Colorado and Wyoming but lower than its neighboring states of Iowa, Kansas, Missouri and South Dakota.

Associated Press