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Meltdown In Doniphan County Begins Monday

Community Meltdown: Year Two.

That's set to begin Monday, arranged through the Doniphan County K-State Research and Extension Office in Troy.

Kathy Tharman serves as the County Extension Director(Play Audio)

Tharman says residents have been forming teams, to support one another, as they work towards their weight and wellness goals(Continue Audio)

Tharman says she, and her committee, will work with the teams through the process, encouraging success in their goals(Continue Audio)

Registration, and full team payment, must be completed by Monday, at the Doniphan County Extension Office, in order to “Meltdown” for the new year.