

### Freeman Girls and Boys win Pioneer Conference Track Titles

Freeman won both the boys and girls portions of the Pioneer Conference Track meet, held Saturday in Auburn.

The Freeman girls won the meet with 104 points. Nebraska City Lourdes was second with 88 and Sterling finished third with 76 points. Then it was Southern 4th, followed by Falls City Sacred Heart in 5th place with 45 points, two points better than 6th place Friend. Johnson-Brock was 7th, followed in order by HTRS, Pawnee City, Diller-Odell, and Lewiston rounding out the team standings.

Morgan Lenners led Freeman individually, with two event victories. The junior won the 3200 and 1600 meter runs and was second in the 800. Other double winners on the girls' side were Sterling junior Jenna Nieveen, who won both the 800 and 400 meters and Ellen Wulf of Lourdes Central Catholic, who was a winner in both the 100-meter hurdles and 100-meter dash.

Also winning individual events were Stasia Nielsen of Sterling in the 200-meter dash; Jordan Lempka of Sterling in the discuss; and Jeryn Creek of Southern in the long jump.

HTRS got second place finishes from Hannah Volker in both the shot put and discus, Britney Huppert in the triple jump, and Liz Railsback in the pole vault. Falls City Sacred Heart senior Sara Landis was second in both the 100-meter hurdles and the high jump. Johnson-Brock won the girls' 4-by-800 meter relay, with Sacred Heart second.

The boys' team standings have Freeman first with 111 points, Pawnee City second with 82, Sterling third with 74 points, and Lourdes Central fourth with 70 points. Johnson-Brock and Southern tied for 5th place with 47 points each, and Falls City Sacred Heart was a close 7th with 42 points. Friend, HTRS, Diller-Odell, and Lewiston rounded out the team standings.

Individually, Johnson-Brock's Kale Wolken continued his stellar senior season with first place finishes in three events – the 100-meter dash, 300-meter hurdles, and long jump. Wolken was also second in the 200-meter dash. Sterling senior Colin VanGroningen took first place in two events, the 400 and 200-meter dash.

Sacred Heart had one event winner, with Sean Strasheim winning the pole vault. Pawnee City's Hadley Sejkora was first in the 1600 meter run and second in the 800-meters. Pawnee City's Garrett Borchert was second in the 400-meter dash, and the Indians also got a second place finish from Austin Smith in the triple jump. Ben Railsback of HTRS placed second in the pole vault. The Sacred Heart boys finished second in both the 4-by-800 and 4-by-100 meter relays.