

### Centralia Boys & Washington Co. Girls Win TVL Track Meet

As the high school track teams gear up for regionals and state, they meet up in their respective league track meets. The Twin Valley League had a showdown on the track and field with all the teams meeting up in Blue Rapids with Valley Heights playing host. It was the Washington County Tiger girls and the Centralia boys winning league team crowns.

For the girls the Tigers of Washington County won the team crown by a wide margin, tallying 119 points, with second place only scoring 72.5 points, as the Bulldogs of Linn took that honor home. Rounding out the top three team finishes was the Baileyville-B&B Falcons, who finished third with 69 total points. The rest of the team standings finished out like so: 4th Centralia (67), 5th Hanover (53.5), 6th Bern (53), 7th Wetmore (36), 8th Blue Valley-Randolph & Axtell (29), 10th Frankfort (28), 11th Valley Heights (26), 12th Onaga (16) and 13th Clifton-Clyde (9).

Eight different girls team saw at least one first place finish on the day, with three individuals winning two events each on the day. It was Alani Dodd of Washington, Dana Kramer of Wetmore and Haley Strathman of B&B who one multiple events. Dodd sprinted her way to wins in both the 100 (12.71) and 200-meter (26.96) dashes for the Tigers. While, Wetmore Cardinal, Dana Kramer leapt her way to a win in the long jump (15'-0.75") and ran to a win in the 100-meter hurdles (16.44). For, Strathman of the Falcons she did her work in the field events leaping to wins in the high jump (5'-04") and triple jump (34'-09").

B&B and Washington saw a few other events winners on the day, also. For B&B it was Caitlin Deters, getting the win in the javelin throw (116'-05"). Washington's relay team won the 4x100-meter relay (51.91) and Jordyn Alexander won the shot put title (37'-05").

Other event winners on the day for the girls competitions: Shelby Hundley (Bern) won the 300-meter hurdles (49.03); Sydney Pralle (Hanover) won the 400-meter dash (1:01.81); Courtney Jueneman (Hanover) won the 800-meter run (2:26.84); Audrey Schmitz (Axtell) took first in the 1600-meter run (5:32.96); Amaris Jones (Centralia) won the 3200-meter run (12:49.20); Linn Relay team won the 4x400-meter relay (4:18.38); Hanover Relay team won the 4x800-meter relay (10:25.14); Kindal Deters (Centralia) took first in the pole vault (9'-06") and Katelyn Wiegert (Centralia) won the discus throw (132'-05").

For the boys it was the Panthers of Centralia winning the league title as a team, but it was only by a slim margin. Centralia took first with a team score of 101, while Clifton-Clyde finish right behind them in second with 92 total points. Finishing out the top three team finishes was Washington County who notched 90 total points. The rest of the team standings rounded out like so: 4th Frankfort (77), 5th Valley Heights (54), 6th Baileyville-B&B (47), 7th Axtell (42), 8th Bern (28), 9th Linn (27), 10th Onaga (20), 11th Blue Valley-Randolph (18) and 12th Hanover (8).

It was four individuals on the boys side winning multiple events, it started with best performance of the day which came at the hands of Centralia Panther, Lukas Koch who won three events on the day. Koch paced his way to wins in the distance runs of 800 (2:06.06), 1600 (4:40.37) and 3200-meter run (10:19.72). Koch's teammate, Michael Glatczak won multiple events, too, taking the 400-meter dash (51.02) and the long jump (20'-01.5") crowns.

The other two multi-event winners on the day were from Washington and Valley Heights. For the Tigers it was Cody Allen sweeping the 100 (11.00) and 200-meter dashes (23.06), while Elijah Smith of Valley Heights won the 110-meter hurdles (15.00) and triple jump (43'-08.5").

Other event winners in the boys competitions: William Ohlde (Clifton-Clyde) won the 300-meter hurdles (41.15); B&B Relay Team won the 4x100-meter relay (45.03); Washington Relay Team won the 4x400-meter relay (3:38.72); Axtell Relay Team won the 4x800-meter relay (9:07.52); Cody Heiman (B&B) took first in the high jump (6'-08"); Jonathan Ippert (Frankfort) won the pole vault (12'-00"); Jonathan Keating (Frankfort) won the discus throw (134'-09"); Alex Deaver (Clifton-Clyde) won the javelin throw 160'-00") and Blake Quillen (Clifton-Clyde) took first in the shot put (47'-09").

Full results are displayed below:



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