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Vaccinations Encouraged as Flu Season Approaches

(KTNC) - It's not too early to start thinking about the flu. Health experts say parents should not delay in vaccinating their children for the flu.

University of Nebraska Medical Center and Children's Hospital Pediatric Infectious Disease Specialist, Dr. Kari Simonson, says the earlier the better when it comes to getting vaccinated.

There is something new regarding flu vaccines this year. Dr. Simonson says some companies are making a new type of vaccine that protects against four strains of influenza.

The American Academy of Pediatrics is not making a recommendation which vaccine is best. The Flu Mist version will be a four-strain vaccine. Dr. Simonson says there will be plenty of vaccine to go around and she recommends everyone receive a vaccine as soon as they're available.

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