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CMC in Falls City seeks volunteers for trail project

**(KLZA)-- If you are looking for some outdoor activity this week Community Medical Center in Falls City has an opportunity for you to get outside and get some exercise.**

**The hospital is installing a nature trail. Phase I of the three-phase project will begin this week so if you want to volunteer Wednesday, Thursday or Friday you can go the CMC Facebook page to register, or call 402-245-6503.**

**The work will include installing a fabric base and a geo-stabilizing grid. The trail will be six-feet wide with a limestone screen surface over a base of gravel and the geo-stabilizing grid.**

**It will pass through various trees and flowers, and past some areas destined for nestingbirds and pollinators. Phase I is expected to be completed by the middle of this month.**

**There will be labor done on your hands and knees if you can help out.**

**Again if you are interested in helping out, contact CMC at 402-245-6503.**

Many Signals Communications