Medical Director named for new rehab hospital

(KAIR)--A Medical Director has been named for a new rehabilitation hospital set to open next month in Elwood.

According to a release, Dr. Beth Shelton is selected to serve as Medical Director of ClearSky Rehabilitation Hospital of Elwood-Saint Joseph, located in Elwood, Kansas, west of Saint Joseph, Missouri.

The hospital will provide services to patients with disabling injuries or illnesses such as strokes, brain injuries, hip fractures, spinal injuries, Parkinson- disease, multiple sclerosis, or other medically-complex conditions such as COVID-19.

Shelton, the release says, "will lead ClearSky Elwood-St. Joseph- interdisciplinary healthcare team, providing services that include physical, occupational, and speech therapy; rehabilitative nursing; case management; respiratory therapy; dietary services; and other specialized care."

Shelton, board certified in medicine and rehabilitation, is a Fellow of the Academy of Physical Medicine & Rehabilitation who has served as an integrated rehabilitation consultant to acute inpatient rehabilitation hospitals, skilled nursing facilities, assisted living, and long-term care facilities. She also has been the medical director of an inpatient rehabilitation unit and of a physical medicine rehabilitation outpatient clinic. Earlier in her career before pursuing medicine, she was a senior research analyst and a senior lab technician at the University of Kentucky in a Biochemistry Research laboratory.

The rehabilitation hospital will open in March.

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